

# Yorkshire & Humber Regional Update

Volume 1, Issue 4, May  
2011



## Welcome!

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Welcome to our Regional Update which delivers a blend of relevant national and regional news and information from both NHS Diabetes and the diabetes community.

We are always keen to hear about your regional stories. To submit suggestions [email the editor](#). The newsletter is issued every two months with our national newsletter, the Diabetes Briefing, issued in between. [Sign-up to the Diabetes Briefing](#)

For all the latest news and resources about diabetes please bookmark the [NHS Diabetes website](#) and check it regularly for new content.

Kind regards,

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## National Diabetes Inpatient Audit results published – How do Trusts in your region measure up?



### Diabetes

emergency.

Analysing clinical data of over 12,000 inpatients with diabetes from 206 hospitals as well as nearly 5,000 patient questionnaires, the 'National Diabetes Inpatient Audit (NaDIA) 2010 (England)' was published on Friday 1 April. It found that people with diabetes account for 15 per cent of inpatients in England. It also found that at the time of the audit people with diabetes had been in hospital for an average of eight days, approximately three days longer than all inpatients. Nearly all (86.7 per cent) were admitted as an

The audit also discovered that over one third (37.1 per cent) of inpatients with diabetes experienced at least one medication error, a quarter (26.0 per cent) of their charts had prescription errors and a fifth (20.0 per cent) had one or more medication management errors. Insulin overdoses can result in potentially fatal hypoglycaemic episodes ('hypos')<sup>1</sup> and insufficient insulin can lead to diabetic ketoacidosis (DKA)<sup>2</sup> which, if left untreated, can also prove fatal. The audit found that patients with medication errors had twice the rate of severe hypoglycaemia (18.1 vs 7.9 per cent). Of further concern, whilst in hospital 44 people

(0.4 per cent) developed DKA and 266 (2.4 per cent) had hypoglycaemia severe enough to require injectable treatment.

The Audit received significant media coverage with many media outlets focusing on the figures on medication errors.

**Anna Morton, Director of NHS Diabetes**, said: "The National Diabetes Inpatient Audit highlights all the great work done by expert specialist teams to support diabetes care in hospital every day of the year. The fact that staff in so many Trusts have taken the time to complete the audit is a fantastic achievement and shows just how passionate those delivering diabetes care are. However, the audit also provides evidence that more needs to be done to reduce the variation in the quality of diabetes inpatient care across the country as required by the new NICE Quality Standards for diabetes. All of us working in diabetes care now have a responsibility to act on the findings of this audit."

Individual results from each Trust that took part are available. For more information see our [NaDIA webpages](#).

**Download the full press release:** [NHS Diabetes Press Release. NHS Diabetes Press Release: People with diabetes fill 15 per cent of hospital beds \(Word 150KB\)](#)

**Download the detailed analysis of the audit:** [National Diabetes Inpatient Audit 2010 Full Report \(PDF 5MB\)](#)

**Download the summary findings of the audit:** [Summary Findings from the National Diabetes Inpatient Audit \(NaDIA\) 2010 \(England\) \(PDF 164KB\)](#)



## NICE launches new quality standards

NICE has launched new quality standards on diabetes in adults, adding to the library of standards already published.

NICE quality standards are markers of excellence in patient care. They are aimed at patients and the public, health and social care professionals, commissioners and service providers, and are developed in partnership with NHS and social care professionals, along with their affiliates and service users. They are the only health and social care standards that apply nationwide, right across the NHS in England.

Based on the best available evidence, NICE guidance or other NHS Evidence accredited sources, NICE quality standards will form a cornerstone of the new NHS Outcomes Framework, which sets out the aims and objectives towards improving outcomes in the NHS, and what this will mean for patients and healthcare professionals.

The quality standard on diabetes in adults defines excellent care in 13 statements that include providing people with personalised advice on nutrition and physical activity from an appropriately trained healthcare professional or as part of a structured educational programme.

People with diabetes should also receive an annual assessment for the risk and presence of the complications of diabetes which are managed appropriately. The quality standard also states that people with diabetes with or at risk of foot ulceration receive regular review by a foot protection team in

accordance with NICE guidance, and those with a foot problem requiring urgent medical attention are referred to and treated by a multidisciplinary foot care team within 24 hours.

Anna Morton, Director of NHS Diabetes said: "Diabetes is such a major public health problem, it is important that there are clear standards in place that will help those involved in the care of people with this serious condition. I am sure the standard will be welcomed by both patients and healthcare professionals alike."

**Download:** [NICE Quality Standards on Diabetes in Adults \(PDF 235KB\)](#)

Further information about the quality standards on diabetes is available on the NICE website: [www.nice.org.uk/guidance/qualitystandards/qualitystandards.jsp](http://www.nice.org.uk/guidance/qualitystandards/qualitystandards.jsp)

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## NHS Diabetes at the Diabetes UK Conference

NHS Diabetes had a major presence at this year's Diabetes UK Annual Professional Conference held at London's ExCel centre from Wednesday 30 March to Friday 1 April.

The team launched six new publications, presented the national results from the 2010 inpatient audit, sponsored two well attended breakfast symposia and engaged with delegates at our new exhibition stand designed especially for the event.

There was a very positive response from visitors to the NHS Diabetes stand, which included an information pillar outlining some of our key successes over the last year. Over 100 people signed up to receive our newsletters and further information and others attended a "meet the National Clinical Director" session or came to discuss aspects of our work.

Three launch events for new NHS Diabetes products were staged at the stand. It was the first time such events have been staged by NHS Diabetes and they proved successful with crowds turning out for each one.

Anna Morton, Director of NHS Diabetes, said: "For the second year running NHS Diabetes was at the heart of the annual DUK conference. Our new publications were very popular and we had lots of people come to visit us at the stand. The event proved how in touch we are with the diabetes community as we all head towards the Department of Health reforms and work to improve the quality of care for people with diabetes."

[Read the full story on the NHS Diabetes website](#)

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## Diabetes with Kidney Disease: Key Facts published

NHS Diabetes & Kidney Care has published Diabetes with Kidney Disease: Key Facts.

This publication builds on two previously successful documents, Diabetes Key Facts 2 and Kidney Disease Key Facts and Figures 3.

Building on the success of these Key Facts reports, this document has been produced to provide key facts about adults with diabetes who also have kidney disease. The information is based on literature searches undertaken during 2010/11 using reliable information sources.

This publication outlines some basic facts about diabetes with kidney disease; for example how common it is, what puts people with diabetes at risk of developing kidney disease, and what can be done about it. The target audience includes primary care professionals, commissioners and also specialists in diabetes or kidney disease.

**Download:** [Diabetes with Kidney Disease: Key Facts March 2011 \(PDF 695KB\)](#)

**More information:** [Visit YPHO website to download all of our Key Facts](#)

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## New NHS Diabetes factsheet, leaflet and guidelines

NHS Diabetes has published a new factsheet on erectile dysfunction, an NHS Diabetes offer leaflet, and a new set of guidelines titled: 'Management of adults with diabetes undergoing surgery and elective procedures: improving standards.'

The erectile dysfunction factsheet highlights to healthcare professionals the importance of checking for erectile dysfunction because it can be an indicator of underlying cardiovascular disease, as well as a cause of poor quality of life.

**Download:** [Factsheet 33 - Erectile Dysfunction](#) (PDF 797KB)

The NHS Diabetes offer leaflet sets out our 'offer' to the NHS – what we can do to help local NHS organisations improve diabetes care. The main focus is on bespoke service specification development, although it also covers other support areas such as education and safety tools (e.g. Safe Use of Insulin e-learning) and the types of information we can provide.

**Download:** [The NHS Diabetes Offer: Working to improve diabetes outcomes \(PDF 1MB\)](#)

The Improving Standards guidelines have been commissioned by NHS Diabetes and written by the Joint British Diabetes Societies Inpatient Care Group and representatives from the specialist societies, surgeons and anaesthetists.

The aim of the guidelines is to improve standards of care for people with diabetes undergoing operative or investigative procedures requiring a period of starvation.

**Download:** [Management of adults with diabetes undergoing surgery and elective procedures: improving standards - Summary Report \(PDF 4MB\)](#)

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## Quality in Care Awards Entry Kit

A new entry kit for the NHS Diabetes-backed Quality in Care awards has been developed.

The awards aim to support the delivery of better patient outcomes as a result of efficient use of resources by providing an environment to share, discuss and celebrate.

The new entry pack includes details about the programme and how you and your colleagues can enter your diabetes initiatives.

Entrants have until May 19 to make their submissions to the programme, which aims to reward and showcase the efforts and ideas behind good diabetes healthcare in the UK.

Each initiative will be reviewed by a panel of high-level diabetes experts chaired by NHS Diabetes Director Anna Morton.

The awards ceremony takes place in London, in October, with a showcase of the finalists due to be staged in November.

The competition is being organised by the PM Group and is also supported by Diabetes UK.

[Visit the website for further information](#), including the entry form and details about how to submit your entry (online, by email or post).

The entry process is simple and shouldn't take up too much time so we hope you'll encourage everyone in your network to enter.

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## Regional news updates:

### Diabetes Clinical & Commissioning Engagement Event: 23 June 2011

We hope the day will start discussions between clinicians and commissioners about commissioning diabetes services in the 'new world'. It is a chance to bring your team along, work together and action plan what changes and developments you will make back at base.

We have distributed a flyer to various networks we know of across the SHA area which is detailed below.

**Diabetes  
Clinical & Commissioning  
Engagement**

Thursday 23 June  
10.00 to 4.00 pm  
Holiday Inn, Garforth, Leeds

Aimed at: Commissioners, GPs,  
Diabetes service providers.

**Benefits of attendance:**

Learn how to access benchmarked data  
on diabetes services to guide commissioning

Opportunities to network with others involved  
in commissioning or providing diabetes services

Help develop expertise in diabetes  
commissioning for GP commissioners

**Key Speakers:**

Anna Morton, Director, NHS Diabetes

Brian Karet, Chief Medical Adviser (Primary Care)  
Diabetes UK. RCGP Clinical Lead for Diabetes

Lorraine Oldridge, Assistant Director,  
Yorkshire & Humber PHO

David Jones, User Involvement Manager, Diabetes UK

**Plus a variety of workshops to include:**

Diabetes Service Development: Sanofi-Aventis  
Paediatrics & Transition

Diabetes service re-design

Project management in service re-design: Lilly

Business approaches to clinical improvement: Pfizer

**To register your free place, please contact Kate Mackay on 0191 2580412 or email [kate@mumac.co.uk](mailto:kate@mumac.co.uk). Further information and a programme will be forwarded nearer the date**

**Supported through a Medical Educational Grant from Lilly, Medtronic, Pfizer & Sanofi-Aventis**



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## Paediatric Diabetes

The Children and Young People with Diabetes Project Board launched their website on 15 March 2011.

The aim is to provide an electronic link between geographically dispersed sites, share information and give and receive professional support through the use of a secure password protected area. The website details are below:

[http://www.diabetes.nhs.uk/regional\\_support/yorkshire\\_and\\_the\\_humber/paediatric\\_network\\_for\\_yorkshire\\_and\\_the\\_humber/](http://www.diabetes.nhs.uk/regional_support/yorkshire_and_the_humber/paediatric_network_for_yorkshire_and_the_humber/)

The Children and Young People with Diabetes Project Board has also developed a Service Specification – the first of its kind in England. This outlines the minimum requirements of a safe and high quality paediatric diabetes service to those offering a secondary paediatric diabetes service across the Yorkshire and Humber region. They are designed as the minimum standards required to assure commissioners that a quality service that is clinically safe and effective is being provided.

The overall aim is to improve diabetes control and decrease long term complications. In this way, along with self management and healthy lifestyles a child or young person will lead a life that is not adversely affected by their diabetes.

This is being shared with other Paediatric Networks across England and will be available on the NHS Diabetes website.

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## Diabetes UK Healthy Lifestyle Roadshows

70 of these are happening in the most deprived local authority areas in England. This is a reminder that they are coming to Yorkshire & Humber on the following dates:

- Rotherham 17 & 18 May
- Bradford 14 & 15 June
- N E Lincolnshire 19 & 20 July
- Wakefield 6 & 7 September

The aim is to raise awareness of Type 2 diabetes and its risk factors and encourage people to eat more healthily and become more active to reduce their risk of developing Type 2 diabetes.

**For information please visit [http://www.diabetes.org.uk/How we help/Roadshow/](http://www.diabetes.org.uk/How_we_help/Roadshow/) or contact Rose Seabury at Diabetes UK on 01325 488606 or [rose.seabury@diabetes.org.uk](mailto:rose.seabury@diabetes.org.uk)**

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