

London Regional Update

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Welcome!

Inside this issue

- 1 [Welcome message](#)
- 1 [Inpatient audit 2010](#)
- 2 [New NHS Diabetes Information Guides](#)
- 2 [New standards for pregnant women](#)
- 3 [HbA1c reporting change](#)
- 4 [Quality in Care awards](#)
- 4 [Paediatric Networks Update Newsletter](#)
- 4 [Medical Device Alert](#)
- 5 [Regional news updates](#)
- 5 [Education Session for Deaf & Hard of Hearing – 11th March 2011](#)
- 5 [Bexley PCT - Patient Education](#)

Welcome to our Regional Update which delivers a blend of relevant national and regional news and information from both NHS Diabetes and the diabetes community.

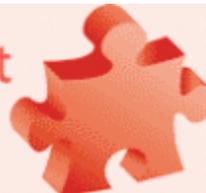
We are always keen to hear about your regional stories. To submit suggestions [email the editor](#). The newsletter is issued every two months with our national newsletter, the Diabetes Briefing, issued in the corresponding months. [Sign-up to the Diabetes Briefing](#)

For all the latest news and resources about diabetes please bookmark the [NHS Diabetes website](#) and check it regularly for new content.

Kind regards,

Leena Sevak
Regional Programme Manager
London Region
Email: leena.sevak@diabetes.nhs.uk
Mobile: 07787 520351

National Diabetes Inpatient Audit 2010



Great response to inpatient audit

Almost 80,000 beds have been surveyed across the country during the 2010 National Diabetes Inpatient Audit, early feedback has found.

More than 12,000 audit forms have now been returned from 168 sites.

The impressive response to the national bedside survey represents 92 per cent of all hospitals in England completing the audit.

The audit, which was in its second year, took place in the first two weeks of November 2010. Participants carried out the bedside survey on one day during the two week window.

Analysis has begun and the national results will be launched by Dr Gerry Rayman, NHS Diabetes National Clinical Lead for Inpatient Diabetes, on the morning of April 1 at the Diabetes UK Annual Professional Conference.

On Monday April 4 all individual reports will be available on the Yorkshire and Humber Public Health Observatory website. Also, from that date audit leads will be able to request a complete CSV file of all their results to enable them to conduct more in-depth local analysis.

For more information email [Heather Stephens](mailto:Heather.Stephens@yorkshireandhumberpho.org.uk).

[Back to contents](#)

New NHS Diabetes Information Guides

Two new information guides have been produced by the Research & Evaluation team. These are part of a new series of NHS Diabetes Knowledge and Information guides that has been launched – with the first two titles released being [‘Structured Education in Diabetes’ \(PDF 424KB\)](#) and [‘Care Homes, Hospices and Housebound’ \(PDF 396KB\)](#).

They are part of the Knowledge and Information Repository (KIR), which aims to provide easily accessible summaries of the latest guidance and research evidence relating to specific key topics of relevance to NHS Diabetes and the diabetes community.

The topic areas have been identified by NHS Diabetes staff and whilst the KIR documents are not intended to be an exhaustive or systematic review of the literature, they do aim to provide a readily available overview of the topic areas to support and inform Regional Programme Managers and others when attending meetings and other functions.

Each KIR topic will include a brief summary introduction to the topic, followed by a synthesis of the latest key policy papers, National Body statements, clinical or care guidelines and the latest key research and evaluation papers.

Each topic goes through a rigorous sign off process before it is launched and is validated for accuracy by Dr Roger Gadsby at NHS Evidence and by a subject expert linked to NHS Diabetes. The next three documents to be released relate to ‘Emotional and Psychological Support’, ‘Prevention’ and ‘Care Planning’ and these will become available over the next two months

[Back to contents](#)

New standards to improve care for pregnant women with diabetes

Pregnant women with diabetes can look forward to an improved standard of care thanks to new guidance published by NHS Diabetes and the Royal College of Midwives.

The guidance aims to address the findings of previous studies which have revealed poor standards in diabetes maternity services and found women with diabetes were five times more likely to have stillbirths.

Titled [‘Lead Midwife in Diabetes: Standards, Role and Competencies’ \(PDF 624KB\)](#), it outlines previously unavailable standards for the role and practice of midwives undertaking a midwifery lead in the care of women with diabetes who are pregnant, or women who develop diabetes during pregnancy.

The document aims to provide a resource for local health services to use to underpin and strengthen midwifery and maternity care for women whose pregnancy may be complicated by diabetes.

Care of a pregnant woman with diabetes, including gestational diabetes, should be provided by a multidisciplinary team. The team should be present at the same time, in the same setting, and as a minimum, should comprise an obstetrician, diabetes physician, diabetes specialist nurse, diabetes midwife and dietitian.

Anna Morton, Director of NHS Diabetes, said: "Diabetes is increasing within the general population and this is impacting on the delivery of care and the outcomes for women and babies."

Jennifer Edwards, aged 36, from Stockport, has Type 1 diabetes and has given birth to her two children, aged four and six, at Stockport's Stepping Hill Hospital. She said: "This guidance should help ensure equality and allow everyone to receive the standard of care they deserve."

[Back to contents](#)

NHS Diabetes supports HbA1c reporting change

The move to introduce a new measurement of blood glucose for people with diabetes, bringing the UK in-line internationally, will be completed in June.

This comes on the back of the recent separate announcement from the World Health Organisation, which accepted the use of HbA1c as a diagnostic test for diabetes – more information on this development will follow in forthcoming editions.

The change in reporting has been gradually phased in. Laboratories in this country are about to change the way in which the HbA1c results are reported following a period of dual-reporting of new and old methods.

NHS Diabetes has been working to support the transition with leaflets for [patients \(PDF 171KB\)](#) and [healthcare professionals \(PDF 184KB\)](#) and will be raising awareness in the lead-up to the switch-over. The International Federation of Clinical Chemistry (IFCC) put forward a new reference measurement method after discussion with diabetes groups worldwide.

This will make comparing HbA1c results from different laboratories and from research trials throughout the world much easier.

The dual-reporting was brought in back in June 2009 for two years to get people used to the new way involving mmol/mol rather than the units as a percentage.

Guide to the new values expressed as mmol/mol

DCCT- HbA1c (%)	IFCC-HbA1c (mmol/mol)
6.0	42
6.5	48
7.0	53
7.5	59
8.0	64
9.0	75

Order our leaflets

Electronic copies of the NHS Diabetes leaflets can be downloaded by clicking on the links above, while hard copies can be ordered by emailing [Prontaprint](#) or by calling: 0116 275 3333 and quoting DIABETES 100 for healthcare professionals or DIABETES 102 for patients.

[Back to contents](#)



Quality in Care awards

Quality in Care (QIC) is a new project supported by NHS Diabetes to recognise, reward and showcase the efforts and ideas behind good healthcare within specific priority therapy areas in the UK.

With government ideas of quality and productivity in mind, QIC aims to support the delivery of better patient outcomes as a result of efficient use of resources by providing an environment to share, discuss and celebrate the collective work of the NHS, voluntary sector and industry that is helping to meet the QIPP goals.

Commencing with diabetes, QIC will run a series of programmes to recognise innovative healthcare schemes from across all four UK nations, celebrating the very best at an awards evening, before offering a platform to share and discuss good practice at subsequent conferences.

[For more information go to the Quality in Care website](#)

[Back to contents](#)

Paediatric Networks Update Newsletter

The new [NHS Diabetes Paediatric Networks Update \(PDF 112KB\)](#) was officially launched at a conference organised by the Association of Children's Diabetes Clinicians (ACDC) on Monday 14th February.

The team handed out copies to delegates at the organisation's fifth annual meeting held at the University of Warwick with a great amount of interest generated. New subscribers were also added to the distribution list of the quarterly newsletter, which aims to keep the paediatric diabetes community up-to-date and informed of news and developments in the field. The newsletter has also been sent to the paediatric leads and is attached for you to distribute to your contacts.

Medical Device Alert

The Medicines and Healthcare products Regulatory Agency, which is responsible for the regulation of medical devices, has issued a Medical Device Alert (see details below). Can you forward this to your contacts?

DEVICE: Alco-Prep® alcohol skin preparation pads, swabs and swabsticks.

Also supplied in drug administration kits and needle exchange packs

MANUFACTURER: Pads, swabs and Swabsites Manufactured by H&W cv Since 2007
Drug Administration Kits and Needle Exchange Packs supplied by Frontier medical Group; MSD/(Schering Plough); Novartis Pharmaceuticals UK

FOR MORE INFORMATION:

www.mhra.gov.uk/Publications/Safetywarnings/MedicalDeviceAlerts/CON108730

Regional news updates:

Education Session for Deaf and Hard of Hearing People with Diabetes – 11th March 2011

An education session is organised on diabetes treatment and management provided by specialist clinicians covering diet, foot care, self-management and complications of diabetes for Deaf and hard of hearing people who have, either type 1 or type 2 diabetes in London.

There will be BSL interpreters as well as Speech to Text facility available throughout the day.

See the [event flyer \(PDF 102KB\)](#) and the [event programme \(PDF 92KB\)](#).

This session is supported by **Dr Rowan Hillson, National Clinical Director for Diabetes** and the **Specialist Diabetes Team, Guy's & St Thomas' NHS Foundation Trust**.

Next steps

To book a place at this session please e-mail the details of people attending to suzanne.devlin@diabetes.nhs.uk or leena.sevak@diabetes.nhs.uk or call mobile 07787520351

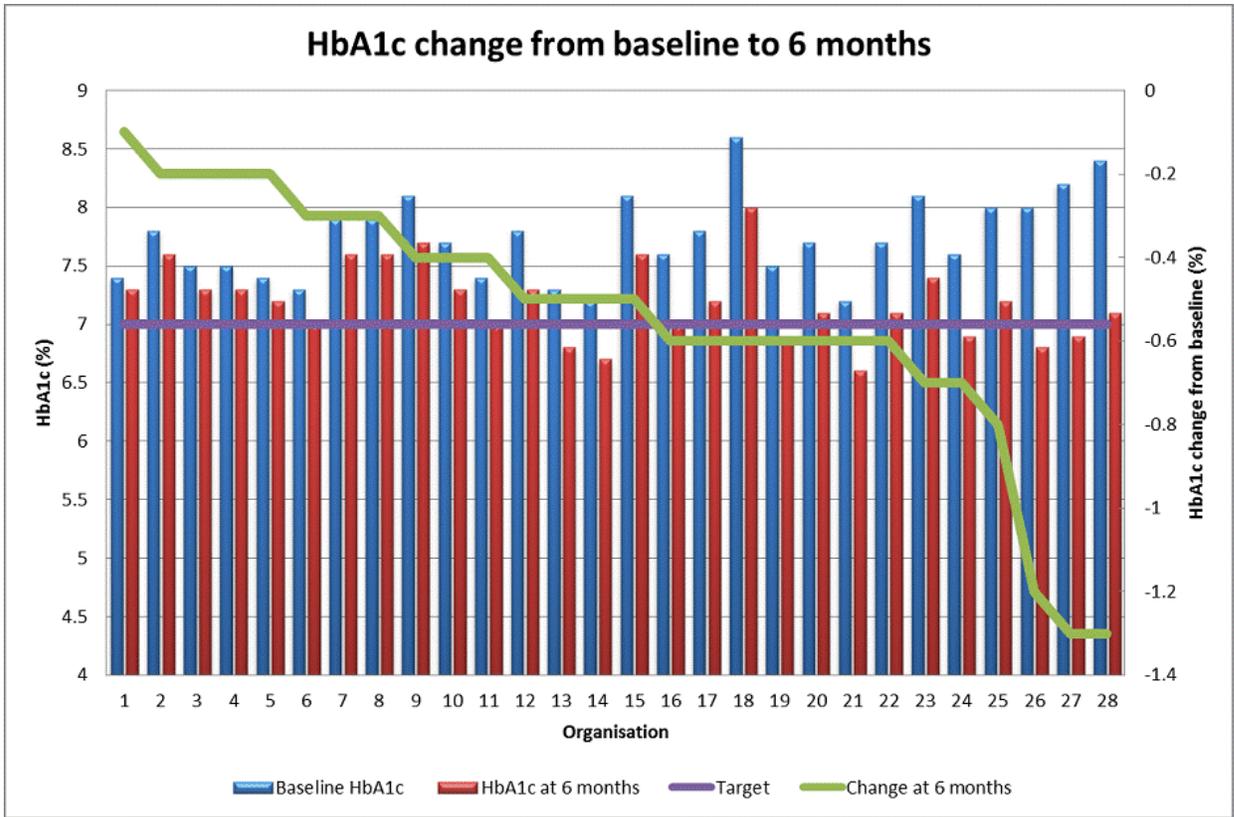
[Back to contents](#)

Patient Education in Bexley PCT

Participation in X-pert education on self-management in diabetes has resulted in reduction in HbA1c. The graph below compares organisations across the country with Bexley PCT at number 28. The blue bar is the average HbA1c before attending X-pert and the red bar 6 months afterwards. The green line shows by how much HbA1c has fallen.

This was achieved by increasing participation by providing courses in a variety of venues and times across the locality to improve ease of access.

Continuous monitoring of progress and ongoing communication with people with diabetes including texting and using feedback to improve the service has helped to provide education to over 1000 people in the first year.



[Back to contents](#)
